



**PERSONAL INFORMATION**

Patient: \_\_\_\_\_  
Last First MI

Address: \_\_\_\_\_  
Street City State Zip

Home Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Social Security#: \_\_\_\_\_ Driver's License #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female

Marital Status:  Single  Married  Divorced  Separated  Widowed  Other \_\_\_\_\_

Employer: \_\_\_\_\_ Work #: \_\_\_\_\_

Work Address: \_\_\_\_\_ Email: \_\_\_\_\_

In case of emergency notify: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_ Alternate#: \_\_\_\_\_

**INSURANCE INFORMATION**

Primary Insurance Company: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Identification #: \_\_\_\_\_ Group #: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_ Insured's Employer: \_\_\_\_\_

Insurance Telephone Number (Benefits line or Member's Services): \_\_\_\_\_

Who referred you to your office? \_\_\_\_\_

**Acknowledgement of receipt of Notice of Privacy Practices**

Our practice reserves the right to modify the privacy practices outlined in this notice. I have reviewed this office's Notice of Privacy Practices, which explains how my medical information will be used and disclosed. I understand that I am entitled to receive a copy of your Notice of Privacy Practices.

Signature of Responsible Party: \_\_\_\_\_ Date: \_\_\_\_\_

Address:  
977 Raintree Circle, Ste 110,  
Allen, Texas 75013

[www.allenfamilyfirst.com](http://www.allenfamilyfirst.com)

Phone: (972) 678-4600  
Fax: (972) 678-4602



**Patient Health History Form**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Gender:  Male  Female Age: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_  
 Marital Status:  Single  Married  Divorced  Separated  Widowed  Other  
 \_\_\_\_\_  
 Currently Living:  Alone  With Family  With Friends  With Significant Other  
 Occupation: \_\_\_\_\_  Currently Working  Retired

**Health History** (Check if you have experienced any of the following)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Abnormal EKG          | <input type="checkbox"/> Ear Infections              | <input type="checkbox"/> Kidney/Bladder Problems        |
| <input type="checkbox"/> Alcoholism            | <input type="checkbox"/> Epilepsy/Seizures           | <input type="checkbox"/> Leg or Foot Pain               |
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Fatigue/Tiredness           | <input type="checkbox"/> Liver Disease                  |
| <input type="checkbox"/> Anxiety               | <input type="checkbox"/> Forgetfulness               | <input type="checkbox"/> Night Sweats                   |
| <input type="checkbox"/> Arthritis/Sore Joints | <input type="checkbox"/> Gall Stones                 | <input type="checkbox"/> Phlebitis/Blood Clots          |
| <input type="checkbox"/> Asthma/ Hay Fever     | <input type="checkbox"/> Glaucoma                    | <input type="checkbox"/> Psychiatric Care               |
| <input type="checkbox"/> Bleeding/Bruising     | <input type="checkbox"/> Gout                        | <input type="checkbox"/> Sexually Transmitted Disease   |
| <input type="checkbox"/> Broken Bones          | <input type="checkbox"/> Head Injury                 | <input type="checkbox"/> Shortness Of Breath            |
| <input type="checkbox"/> Bronchitis/Emphysema  | <input type="checkbox"/> Headache (frequent)         | <input type="checkbox"/> Sinus Trouble                  |
| <input type="checkbox"/> Cancer                | <input type="checkbox"/> Heart Attack/Heart Disease  | <input type="checkbox"/> Skin Disease/Psoriasis/Eczema  |
| <input type="checkbox"/> Cataracts             | <input type="checkbox"/> Heart Murmur                | <input type="checkbox"/> Stomach Problems/Ulcers        |
| <input type="checkbox"/> Chemical Dependency   | <input type="checkbox"/> Hemorrhoids/Rectal Problems | <input type="checkbox"/> Stool/Bowel Problems           |
| <input type="checkbox"/> Chest Pain            | <input type="checkbox"/> Hepatitis A, B, or C        | <input type="checkbox"/> Stroke                         |
| <input type="checkbox"/> Circulation Problems  | <input type="checkbox"/> Hernia                      | <input type="checkbox"/> Thyroid Problems               |
| <input type="checkbox"/> Deafness/Dizziness    | <input type="checkbox"/> High Blood Pressure         | <input type="checkbox"/> Tuberculosis/ Positive TB Test |
| <input type="checkbox"/> Depression/Sadness    | <input type="checkbox"/> High Cholesterol            | <input type="checkbox"/> Weight Loss or Gain            |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> HIV/AIDS                    |   |
| <input type="checkbox"/> Difficultly Sleeping  | <input type="checkbox"/> Jaundice                    |   |

**Allergies**  NO ALLERGIES

| ALLERGY | ALLERGIC REACTION |
|---------|-------------------|
|         |                   |
|         |                   |
|         |                   |
|         |                   |

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**Medications**

(List all medications including over the counter)

| Medications | Dose | Times Per Day |
|-------------|------|---------------|
|             |      |               |
|             |      |               |
|             |      |               |
|             |      |               |
|             |      |               |
|             |      |               |
|             |      |               |
|             |      |               |

| <b>Habits:</b> Do you... if yes, how much?  | <b>Immunizations/ Vaccination History</b>  |
|---|--|
| Smoke Tobacco <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ Packs/Day<br>Chew Tobacco <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ Tins/Day<br>Drink Caffeine <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ Cups/Day<br>Drink Alcohol/Wine <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ Drinks/Day<br>Drink Beer <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ Cans/Day<br>Gamble <input type="checkbox"/> No <input type="checkbox"/> Yes... _____<br>Use Street drugs <input type="checkbox"/> No <input type="checkbox"/> Yes... _____<br>Exercise <input type="checkbox"/> No <input type="checkbox"/> Yes... _____ | Last Flu shot: _____<br><br>Last Hepatitis B: _____<br><br>Last MMR: _____<br><br>Last Pneumonia: _____<br><br>Last Tetanus: _____ |

| <b>Hospitalizations (including surgeries)</b> | <b>Serious Illness (not requiring hospitalizations)</b> |
|---|---|
|   |   |
|   |   |
|   |   |
|   |   |

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| Men Only  | Women Only   |
|---|--|
| Pain/Lumps in testicles?                   ___N ___Y  | Last Pap Smear? _____ Abnormal?   ___N ___Y            |
| Penile (penis) itching/burning/discharge?   ___N ___Y | Last Mammogram _____ Abnormal?   ___N ___Y             |
| Prostate disease or problems?           ___N ___Y     | Age period started _____                               |
| Problems with urine stream?           ___N ___Y       | Ovarian Cysts?                               ___N ___Y |
| Wake in night to use bathroom?         ___N ___Y      | Sexual problems/concerns?                              |
| Sexual problems/concerns?             ___N ___Y       | Vaginal itching/burning/discharge?       ___N ___Y     |
| Do you feel safe in your home?         ___N ___Y      | Wake in night to use bathroom?         ___N ___Y       |
| Do you have a living will?               ___N ___Y    | Number of Pregnancies _____ # of births _____          |
|   | Number of miscarriages _____ # of abortions _____      |
|   | Birth Control Method: _____                            |
|   | Do you feel safe at home?                   ___N ___Y  |
|   | Do you have a living will?                 ___N ___Y   |

| Family History                                      |       |                     |
|---|-------|---------------------|
| Check if yes and list the family member associated. |       |                     |
| Alcoholism  | _____ | Family Member _____ |
| Allergies   | _____ | Family Member _____ |
| Anemia  | _____ | Family Member _____ |
| Arthritis   | _____ | Family Member _____ |
| Asthma  | _____ | Family Member _____ |
| Birth Defect  | _____ | Family Member _____ |
| Cancer  | _____ | Family Member _____ |
| Colon/Bowel issues                                  | _____ | Family Member _____ |
| Congenital Heart defect                             | _____ | Family Member _____ |
| Diabetes  | _____ | Family Member _____ |
| Emphysema   | _____ | Family Member _____ |
| Epilepsy  | _____ | Family Member _____ |
| High blood pressure                                 | _____ | Family Member _____ |
| Kidney disease                                      | _____ | Family Member _____ |
| Leukemia  | _____ | Family Member _____ |
| Liver Disease                                       | _____ | Family Member _____ |
| Mental Illness                                      | _____ | Family Member _____ |
| Migraines   | _____ | Family Member _____ |
| Nervous breakdown                                   | _____ | Family Member _____ |
| Obesity   | _____ | Family Member _____ |
| Rheumatic Fever                                     | _____ | Family Member _____ |
| Sickle Cell Anemia                                  | _____ | Family Member _____ |
| Stomach Ulcers                                      | _____ | Family Member _____ |
| Stroke  | _____ | Family Member _____ |

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## Confidential Communications Authorization

Patient's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I have been presented with a copy of the Notice of Privacy Practices, detailing how my health information may be used and disclosed as permitted under federal law, and outlining my rights regarding my health information.

I requested that all communications to me (by telephone, mail, or otherwise) by Dr. Chanda Reddy DO and staff are handled as follows:

I understand that in the event I wish this document would be changed, I will inform the office staff personally and sign a new document.

### Confidential Voicemail Authorization

Phone number: \_\_\_\_\_

May we leave a detailed message: (Example: Billing, Labs, etc.) Yes \_\_\_\_\_ No \_\_\_\_\_

I give permission for Allen Family First clinic to provide my personal health information to:

Name: \_\_\_\_\_ (relationship to patient): \_\_\_\_\_

Name: \_\_\_\_\_ (relationship to patient): \_\_\_\_\_

### Text & E-Mail Authorization

\*For detailed messages Ex. Billing, labs, etc.\*

Email: \_\_\_\_\_ I do **NOT** wish to receive emails.

Phone number: \_\_\_\_\_ I do **NOT** wish to receive detailed text messages.

\*Text messages are not secure\*

### Mailing address

\_\_\_\_\_  
(Street Address)

\_\_\_\_\_  
(City, State, Zip)

\_\_\_\_\_  
Patient's Printed Name

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
\*Legal Representative's Printed Name

\_\_\_\_\_  
Legal Representative's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
\*If Representative, Specify Relationship to Patient.

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## **FINANCIAL OFFICE POLICY**

Thank you for choosing our practice as your healthcare provider. Your clear understanding of our Financial Policy is important to our professional relationship. Please speak with the office manager if you have any questions regarding this policy.

### **PAYMENT IS EXPECTED AT THE TIME OF SERVICE**

Payment is required at the time services are rendered unless other arrangements have been made in advance. Such payments include coinsurance, co-payments, deductibles, and non-covered services for participating insurance companies. We accept cash, credit/debit cards and personal checks. There is a \$25.00 service charge on all returned checks. If the patient is a minor, the parent/guardian who brings the child in for a visit is the responsible party.

### **INSURANCE/ FINANCIAL AGREEMENT**

If we are contracted with your insurance company, we will file your claims for you. However, your insurance policy is contracted between you and your insurance company. It is important you understand your policies provisions. We cannot guarantee payment of your claims as the insurance company only "quote" benefits, they never guarantee benefits. I understand that I am required to give my current Insurance card, driver's license, and billing information for insurance to be filed on my behalf. If accurate billing and insurance information is not given, then I will be responsible for services denied by my insurance company as "non-covered" or "not medically necessary." Also, if you have an HMO plan it is your responsibility to update the PCP information. I authorize the treatment of the person named below and agree to pay for all fees for such treatment. It is agreed that payments will not be delayed or withheld because of insurance coverage or the pending of such claims and that all proceeds of insurance will be assigned to this office. I authorize the release of any medical information necessary to process insurance claims and request payment of Government benefits either to me or the party that accepts assignment below.

### **REFERRALS**

If you are on an insurance plan that requires referral, it is your responsibility to let us know. The referral must be requested from your primary care physician at least 3- 5 days before your specialist appointment.

### **FORMS/PRESCRIPTIONS**

School/Camp/Physical forms may be mailed, faxed, or dropped off to our office. We require 24-48 hours notice for completion. We are happy to mail, fax or hold them for you to pick them up. For written prescriptions, please call 24 hours in advance of pickup to notify our office.

### **MEDICAL RECORDS**

We are dedicated to keeping your medical records confidential and therefore require written authorization for release of medical records. Medical records will be completed within 15 business days as mandated by the Texas Medical Board and may be subject to a processing fee as determined by the Board. I have read and understand Allen Family First Clinic's Financial Policy. I agree that if it becomes necessary to forward my account to a collection agency, in addition to the amount owed, I also will be responsible for the fee charged by the collection agency for costs of collection.

### **APPOINTMENTS**

We work hard to see our patients on time and your appointments are very important to us. We understand that sometimes schedule adjustments are necessary; therefore, we respectfully request at least 24-hour notice for cancellations. We ask that you arrive 25 minutes early for new patient appointments and 5 minutes early for regular scheduled appointments. If you are going to be more than 10 minutes late, please call ahead and let us know. Late arrivals, more than 15 minutes late, may be required to reschedule the appointment.

**Signature of Responsible Party:** \_\_\_\_\_

**Date:** \_\_\_\_\_

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## Complete Physical Exam

The new ICD-10 code restricts a Complete Physical Exam to the following (with CPT codes):

Urinalysis (81001), CBC (85025), Chemistry Panel-kidney/liver function, blood sugar, electrolytes (80053), Thyroid tests- TSH (84443)/T4 (84436), Lipid Panel (80061), PSA (84153), Pap smear (88142), Stool cards (82270), EKG (93000)

This is **TYPICALLY** what insurance companies will cover during a Wellness Exam. **We STRONGLY SUGGEST YOU VERIFY WITH YOUR INSURANCE COMPAY THAT THESE TESTS WILL BE PAID FOR PRIOR TO YOUR VISIT.**

According to the new rules, no other condition can be diagnosed, evaluated, discussed, treated, etc., during this visit. Unfortunately, this means any issue that requires a prescription, testing, therapy, orders, imaging, etc., requires a separate appointment and cannot be done concurrently during a CPE. All the above must be documented in the medical record and cannot occur during a Wellness Exam. These incudes (but is not limited to):

**HYPERTENSION, ALLERGIES, SORE THROAT, SINUS INFECTION, BACK PAIN, KNEE/HIP PAIN, INSOMNIA, ED, ANXIETY, DEPRESSION, HEARTBURN, HEADACHES, ABDOMINAL PAIN, DIARRHEA, CONSTIPATION, ARTHRITIS, MUSCULOSKELETAL/JOINT PAIN, SLEEP APNEA, RASH, PINK EYE, ETC.**

**We apologize, but due to legal requirements any issues beyond the stated CPE absolutely requires a separate appointment with no exceptions. Insurance review and audit charts, and I must remain in accordance with all rules.**

Some insurers will cover testing for vitamin D (82306), HIV (86701), Testosterone (84402), and Celiac Disease (82784, 83516, 86255). Check your carrier if you desire these tests.

There are two exceptions to the aforementioned. First, a previously diagnosed chronic condition can be evaluated, during a CPE with a separate office visit that may require an additional charge. An example would be checking uric acid for a patient who takes medication for gout. Second, a condition discovered during a CPE may require additional testing or treatment. For instance, a diagnosis of an enlarged prostate can be treated during a CPE. Again, there will likely be additional charges for the proper billing procedure.

**We realize this is a hassle, but I must observe concurrent regulations to maintain my license and contracts with plans.** Please call the office before your appointment for any questions or clarification. We appreciate your understanding in this matter is beyond our control.

Patient Initials: \_\_\_\_\_

Date: \_\_\_\_\_

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